











ICONIC & SUPERCHARGED BOWL MIX RECIPES *(Prepare ingredients in order from top to bottom)*

ACAI BANANA BERRY BOWL	ACAI PEANUT BUTTER BOWL	DRAGON FRUIT BOWL	ACAI MANGO BOWL	RADIANT RASPBERRY BOWL	ACAI SUPERFOOD BOWL	PROTEIN POWER BOWL	PB&J BOWL
<i>*Build Your Own Bowl Base*</i>	<i>*Build Your Own Bowl Base*</i>	<i>*Build Your Own Bowl Base*</i>	<i>*Build Your Own Bowl Base*</i>	4 oz Nutmilk	4 oz Nutmilk	4 oz Nutmilk	5 oz Nutmilk
5 oz Nutmilk	4 oz Nutmilk	5 oz Coco. Water	5 oz Coco. Water	2 pumps Zero Cal Swt	1/2 HF Spinach+1 pc Kale	2 TBSP Protein	1 Açai scp
1 Açai scp	1 TBSP PB/AB	1 pc Pitaya	1 Acai scp	2 TBSP Collagen	1 Açai scp	2 tsp Cacao Nibs	1 Banana scp
1 Banana scp	6 pcs Dates	1 Banana scp	1 Banana scp	1 tsp Chia Seeds	1 Banana scp	2 Banana scps	1 Blueberry scp
1 Blueberry scp	1 Açai scp	3 Pineapple scps	1 Mango scp	1 Banana scp	1 Blueberry scp	2 Strawberry scps	2 Strawberry scps
2 Strawberry scps	2 Banana scps		2 Pineapple scps	2 Raspberry scps	2 Strawberry scps		
	2 Strawberry scps			2 Strawberry scps			
							
Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"	Fill line should be between the "t" and "e"

Disher Guide	Job Aid Abbreviations		
P.B A.B plum/brown	PB & AB = Peanut Butter / Almond Butter		TBSP = tablespoon
Acai black	tsp = teaspoon	Coco. = coconut	scp(s) = scoops
Pineapple ivory	pc(s) = pieces	oz = ounces	HF = handful
Blueberry ivory	Blended Add on Portions - \$1.00 ea.		Recipe & Blender Use Reminders
Bananas ivory	Powders & Butters	Dry Ingredients & IQF, Scoops	Recipe Reminders
Mango ivory	Protein 1 TBSP	Coconut Flakes 2 tsp	Ingredients should always be added to the blender in order from top to bottom.
Strawberry ivory	Collagen 1 TBSP	Cacao Nibs 2 tsp	
Raspberry ivory	Cocoa Powder 1 TBSP	Chia Seeds 2 tsp	The size of IQF fruit may vary seasonally. To ensure consistency, please do not fill the bowls below the "t" or above the bottom of the "e".
Ice teal	Boosts 1 TBSP	Dates 6 pcs	
	Almond Butter 1 TBSP	Pitaya 1 pc / Acai 1 scp	Split Bowls \$2.50: Base and Chia Layer (PB&J bowl) should be split into 2 portions while toppings are full portions for both bowls. BYO Bowls cannot be split.
	Peanut Butter 1 TBSP	Greenie Up 1/2 HF Spinach / 1pc. Kale <i>*decrease liquid by 1oz*</i>	
		Yogurt 1 scp <i>*bottom of bowl under base*</i>	
		Chia Puddings 1 scp <i>*bottom of bowl under base**</i>	Proteins will yield more product when added to bowl bases and smoothies. Always ensure bowls are only filled to the fill lines referenced above to avoid inconsistent portion sizes for guests.
			Blender Use Reminders
			Never rock or move the blender or pitcher while in use. Over time this will cause added stress on the drive sockets.
			Blenders should always be powered on in low speed and increased to high gradually.
			Tampers should be used to agitate product and move it towards the blade. They should NOT be used with added or extreme force.
			Always check your base thoroughly before topping to ensure all IQF fruit is blended and there are no large chunks.



ICONIC & SUPERCHARGED BOWL TOPPING RECIPES (Prepare ingredients in order from top to bottom)

ACAI BANANA BERRY BOWL	ACAI PEANUT BUTTER BOWL	DRAGON FRUIT BOWL	ACAI MANGO BOWL	RADIANT RASPBERRY BOWL	ACAI SUPERFOOD BOWL	PROTEIN POWER BOWL	PB & J BOWL
1 scp Hemp Granola	1 scp Hemp Granola	1 scp Hemp Granola	1 scp Hemp Granola	1 scp Hemp Granola	1 scp Hemp Granola	1 scp PB Granola	1 scp PB Chia on bottom of bowl
1/2 Banana 1/8" sliced	1/2 Banana 1/8" sliced	1/2 Banana 1/8" sliced	1/2 Banana 1/8" sliced	1/2 Banana 1/8" sliced	1/2 Banana 1/8" sliced	1/2 Banana 1/8" sliced	1 scp PB Granola
1 sliced Strawberry	1 sliced Strawberry	1 sliced Strawberry	1 sliced Strawberry	1 sliced Strawberry	1 sliced Strawberry	1 sliced Strawberry	2 sliced Strawberry
10 Blueberry	5 Green Apple slices	5 Pineapple slices	5 Pineapple slices	2 TBSP FRZ Raspberry	5 Green Apple slices	10 Blueberry	2 TBSP Straw. Jam
2 seconds Agave *optional	1 Drizzle PB	2 tsp Coco. Flakes	2 tsp Coco. Flakes	1 Blue Vanilla Drizzle	10 Blueberry	1 Drizzle PB	1 Drizzle PB
	2 seconds Agave *optional	2 seconds Agave*optional	2 seconds Agave*optional	2 seconds Agave*optional	1 Drizzle Blue Vanilla	1 tsp Cacao Nibs	1 Drizzle PB
	*1 PB Drizzle = 5 - 7 zig zag lines			*1 Blue Vanilla Drizzle = 5 - 7 zig zag lines	1 tsp Cacao Nibs	1 tsp Chia Seeds	2 seconds Agave*optional
					1 tsp Chia Seeds	2 seconds Agave*optional	*1 PB Drizzle = 5 - 7 zig zag lines
					2 seconds Agave*optional		
					*1 Blue Vanilla Drizzle = 5 - 7 zig zag lines	*1 PB Drizzle = 5 - 7 zig zag lines	*1 PB Drizzle = 5 - 7 zig zag lines
							

Toppings Utensil Guide	Add Ons Topping Portions		Recipe & Blender Use Reminders
Granola ivory spoodle	Build Your Own Bowl Toppings 3 included \$1.00 each additional		Recipe Reminders & Best Practices
Drizzles 5-7 zig zags	Fruits	Dry Ingredients & Produce, Scoops	Ingredients should always be added to the bowl in order from top to bottom.
Coconut Flakes tsp	Strawberry 2 sliced	Chia Seeds 2 tsp	
Cacao Nibs tsp	Blueberry 10 each	Coconut Flakes 2 tsp	Split Bowls \$2.50: Base and Chia Layer (PB&J bowl) should be split into 2 portions while toppings are full portions for both bowls. BYO Bowls cannot be split.
Chia Seeds tsp	Pineapple 5 slices	Cacao Nibs 2 tsp	
Strawberry Jam TBSP	Banana 1/2 sliced	Peanut Butter Drizzle 5-7 zig zags <i>*topping only*</i>	We understand the size of fresh fruit may vary seasonally. To ensure consistency, please do your best to top the bowl as close to the image above as you can.
Chia Pudding blue	Green Apple 5 slices	Blue Vanilla Cashew Drizzle 5-7 zig zags <i>*topping only*</i>	
Yogurt blue	Dates 6 pcs	Chocolate Cashew Drizzle 5-7 zig zags <i>*topping only*</i>	When subbing one topping ingredient for another, please use the add on portion listed to the left.
Coco Whip blue	Raspberry 2 TBSP	Strawberry Chia Jam 2 TBSP <i>*topping only, do not blend*</i>	
		Yogurt 1 scp <i>*bottom of bowl under base*</i>	
		Coco Whip 1 scp <i>*topping only, do not blend.*</i>	
		Chia Puddings 1 scp <i>*bottom of bowl*</i>	
		Waffles 4 pcs <i>*one waffle cut in qtrs*</i>	